If you have returned from mainland China affected by the 2019 Novel Coronavirus outbreak in the last 14 days, it is recommended that you self-isolate, practice social distancing, and be actively monitored for the onset of symptoms related to 2019-nCoV. Please contact Three Rivers Public Health Department for guidance and next steps at 402-727-5396 or 866-727-5396.

If you have been to China in the past 2 weeks, please complete this survey or copy this link into your browser:
https://cip-dhhs.ne.gov/redcap/surveys/?s=JKHEPR4DPR

Three Rivers is committed to it's community and encourages community members to take the following precautions against communicable disease:

- Wash your hands often with soap and water for 20 seconds.
- Use an alcohol-based hand sanitizer if you can't wash your hands
- Clean and disinfect frequently-touched objects/surfaces
- Cover your nose and mouth with your elbow or a tissue when coughing or sneezing.
- Avoid touching your eyes, nose and mouth
- Avoid contact with people who are sick
- Stay home and away from others when you are sick
- Be sure to get your influenza vaccine