

FOR IMMEDIATE RELEASE: 11/18/2021

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Three Rivers Public Health Update

Three Rivers Public Health Department (3RPHD) is reporting that COVID-19 cases, hospitalizations, and deaths are on the rise. Over the past four weeks, we have seen a significant increase in COVID-19 cases and COVID-19 hospitalizations. Please know that our hospitals within our health care coalition are stretched very thin and we need to try to help protect our hospital capacity.

"Please stay home if you are sick, consider wearing a mask if you are going to be in crowded places and consider getting a COVID-19 vaccination. COVID-19 is still here and with the holidays coming up it is more important now more than ever to not overwhelm our hospital systems" said Terra Uhing, Executive Director of the Three Rivers Public Health Department.

3RPHD is offering all vaccines at all our 3RPHD walk-in clinics (Pfizer, Moderna, J&J and this does include 5-11 doses). **Clinics coming up include:**

Friday: 12:00pm-3:30pm, Three Rivers Clinic, 2400 N Lincoln Avenue, Fremont, NE 68025

Saturday: 8:00am-12:00pm, Fremont Public Schools Administration Building, Lenihan Gym 10th and Broad Streets, Fremont, NE 68025

Sunday: 10:00am-1:00pm, Sunmart Grocery Store, 1036 N Chestnut Street, Wahoo, NE 68066

Monday: 10:30am-1:30pm, Wahoo Senior Center, 235 E 4th Street, Wahoo, NE 68066

As a reminder anyone who is 18 years and older and received the Johnson & Johnson (Janssen) vaccine should receive a booster of any of the three available vaccines after at least **two months** have passed since their initial dose.

As with people vaccinated with the Pfizer vaccine, those who received Moderna vaccine should get a booster dose, according to the CDC, if at least **six months** have passed since they completed their initial course of vaccination, and they are:

- 65 years and older
- Ages 18+ who live in long-term care settings
- Ages 18+ who have underlying medical conditions
- Ages 18+ who live or work in high-risk occupational settings

Sadly, we are announcing four new COVID-19 related deaths. This brings the total COVID-19 related deaths in our health district to 155.

If you are homebound or require special accommodations and wish to receive a COVID-19 test or vaccine, please contact us at 402-704-2245.

If you or someone you know need resources such as access to food, assistance with rent, or other needs, please reach out to our Community Health Worker, Evelyn, at 402-704-2255.

The 3RPHD Data Dashboard is updated each weekday and can be found at:

<https://www.threeriverspublichealth.org/COVID-19/COVID-19-Updates>

For questions or more information about COVID-19, please call Three Rivers at 402-727-5396, email info@3rphd.org or visit www.threeriverspublichealth.org

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