

FOR IMMEDIATE RELEASE: 10/13/2021

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Three Rivers Public Health Department Update

The 3RPHD health district has reported 11,422 cases of COVID-19 since the beginning of the pandemic. We have had 156 cases in the last 7 days and 327 cases in the past 14 days which is a decrease from the previous weeks. “As a reminder we are now into flu season please get your flu shot if you are able, that is one more way to try to keep people as healthy as possible.” said Terra Uhing, Executive Director of the Three Rivers Public Health Department. Flu vaccinations are available at hospitals, pharmacies, private medical offices, federally qualified health care centers and some local health departments. COVID-19 vaccines may now be administered at the same time as other vaccines, including the flu vaccine, for those who need both. This fall and winter – don’t wait to vaccinate for flu and COVID-19.

As a reminder we have testing that is a collaborative partnership with Total Wellness. The testing site is a drive-through and appointments can be made at this link:

<https://www.totalwellnesshealth.com/private/3rphd/>.

If you do not have access to make an online appointment you can show up at the location and still be tested. Insurance may be billed if available, but there will be NO direct cost to any patient. The site address and hours of operation are: **210 E Military Avenue, Fremont, NE 68025**. Mondays: 8:00am-11:00am and Fridays—3:00pm-6:00pm.

Sadly, we are announcing two new COVID-19 related deaths. This brings the total COVID-19 related deaths in our health district to 146.

If you are homebound or require special accommodations and wish to receive a COVID-19 test or vaccine, please contact us at 402-704-2245.

If you or someone you know are in need of resources such as access to food, assistance with rent, or other needs, please reach out to our Community Health Worker, Evelyn, at 402-704-2255.

The 3RPHD Data Dashboard is updated each weekday and can be found at:

<https://www.threeriverspublichealth.org/COVID-19/COVID-19-Updates>

For questions or more information about COVID-19, please call Three Rivers at 402-727-5396, email info@3rphd.org or visit www.threeriverspublichealth.org

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