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Update on Three Rivers Public Health Department COVID-19 Cases

Three Rivers Public Health Department (3RPHD) reports total lab-confirmed COVID-19 cases within the district as follows:

Dodge County:859 cases (Total)Saunders County:183 cases (Total)Washington County:142 cases (Total)Total 3RPHD CaseCount: 1184 cases

438 cases (Recovered)30 cases (Recovered)53 cases (Recovered)521 cases (Recovered)

As of Wednesday afternoon, the Omaha Metropolitan Health Care Coalition (OMHCC) which consists of Dodge, Saunders, Washington, Douglas and Sarpy county hospitals reported 254 medical beds available and 113 patients were hospitalized with COVID-19. Of the 454 ventilators available to area hospitals, 122 were in use, including 17 for confirmed or suspect COVID-19 patients.

You can spread COVID-19 even if you don't feel that sick. You can pass the disease to someone else before you have symptoms, and even if you never develop any symptoms at all. When people who have contracted the infection come in contact with high-risk people, there can be deadly consequences. As a reminder an exposure is defined as being within 6 feet of someone for 15 minutes. If you have been exposed to a person who has tested positive for COVID-19, then you need to quarantine at home for two weeks.

"We have started to report our recovered cases within our health district—you can find this information on our data dashboard. As more information becomes available it will be updated", said Three Rivers Public Health Executive Director, Terra Uhing.

We encourage all Nebraskans to get tested for COVID-19, and to do so immediately if they have symptoms. This can be done though Test Nebraska at <u>www.testnebraska.com</u>.

For questions or more information about COVID-19, please call Three Rivers at 402-727-5396, email <u>info@3rphd.org</u> or visit <u>www.threeriverspublichealth.org</u>

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